

## Beyond the Clouds, 7 days Yunnan exploration

Yunnan literally translates as "South of the Clouds". The province's perfect weather all year round earned it this poetic name. Fine weather, combined with rugged mountainous terrain, and a geographic location at the crossroads between Southeast Asia, Tibet, and the rest of China, make Yunnan botanically and ethnically the richest and most varied of all of China's provinces. Historically, Yunnan was an outpost of the Chinese empire until relatively modern times, and so its unique and colorful indigenous traditions have stayed intact to this day.

Day 1

Morning flight to Lijiang, explore the Lijiang old town, stay in the old town.

Day 2

Yulong Snow Mountain excursion, Joseph Rock village.

Day 3

Drive to Shangri-la and day hike along the Tiger Leaping Gorge.

Day 4

Hike through the Tiger Leaping Gorge, stay the night in the gorge.

Day 5

Continue hike to the White Terrace, the cradle of Naxi culture; continue driving to Shangri-la. Join in Tibetan dances in the old town after nightfall.

Day 6

Attend the Morning Prayer at the Songtzaam Monastery; in the afternoon, visit Putaso National Park.

Day 7

Drive back to Lijiang and take an afternoon flight back to Shanghai.

